

The laser is used to effectively fade, reduce, or eliminate veins up to 3 mm in diameter. This is not a cure for vein disease. Veins may require 2-3 treatments every 6-8 weeks, results vary with each individual. Treatment duration is 15 to 60 minutes. The laser feels like a snap of a rubber band and can be uncomfortable. A topical anesthetic may be used prior to treatment.

PRE-TREATMENT INSTRUCTIONS:

- Avoid exposure to the sun. Apply sunscreen with UVA/UVB SPF 30 or greater if outdoors.
- On the day of treatment, thoroughly clean the area to be treated of any make-up, creams and lotions.

POST-TREATMENT INSTRUCTIONS:

- Apply ointment to the area to prevent drying and crusting. Ointment applied following the laser treatment can have a soothing effect. If a crust develops, allow it to fall off naturally. Do not scratch or pick.
- Avoid hot baths/whirlpools for one week following treatment.
- Do not shave for 1 to 3 days if blistering and/or crusting occurs
- Avoid exposure to the sun. Apply sunscreen with a SPF 30 or greater to the area whenever exposure to the sun is unavoidable.
- Avoid exercises that can cause vasodilatation for one week post treatment. Walking is encouraged.
- If make up is allowed, apply and remove it delicately. Excess rubbing can open the area and increase the chance of scarring.
- Discomfort, such as swelling or redness (lasting from a few hours to a couple of days), can be relieved with Tylenol or ice packs.

Possible side effects:

- Discomfort or pain during treatment
- Temporary redness in treatment area
- Superficial crusting, scabbing, blistering in treatment area
- Temporary changes in skin tone
- Temporary or permanent (very rare) discoloration or textural changes in skin
- Please contact the office immediately if the treated area becomes tender and show signs of infection (pus)

If you have additional questions prior or after your treatment, please call our office at: **(408) 295-2580**